



THE MET

FASHION HOUSE • DAY SPA & SALON



LUXURY PACKAGES
HAIR DESIGN
SKIN CARE TREATMENTS
ADVANCED ESTHETICS
MASSAGE THERAPY
RESTORATIVE BODY TREATMENTS
HAND & FOOT LUXURIES

The Met is a luxury independent Fashion House, Day Spa & Salon. Our lifestyle experience features exclusive and curated collections for men and women offering the most notable designers, luxury sportswear and elevated contemporary brands, along with cosmetics, hair care and skin care.

PLATINUM JOURNEY 20TH ANNIVERSARY PACKAGE 1000

Sundari Body Envelopment and Traditional 80 minute massage, Lunch, Platinum Hydrafacial™, Ultimate Spa Manicure and Pedicure with Dazzle Dry, Haircut with Brazilian Blowout Rewind Hair Treatment, Shampoo and Style. Includes Luxury Robe to take home at the end of the journey.

CHAMPAGNE AWAKENING 750

Soothing Hot Stone Therapy and Reflexology, 25 minutes, Lunch, Hydrafacial™ with personally tailored booster, Dazzle Dry Manicure and Pedicure, Haircut with KÉRASTASE® Fusio-Dose Treatment, Shampoo and Style.

ROSÉ PURIFICATION 600

Pink Himalayan Sea Salt Body Polish with Hydrating Cocoon, Lunch, Hydrafacial™, Dazzle Dry Manicure and Pedicure, Shampoo and Style.

SILVER RENEWAL 400

Traditional Massage, 50 Minutes, Anti-aging Facial, Lunch, Hydrating Natural Manicure and Pedicure, KÉRASTASE® Fusio-Dose Treatment with Shampoo and Style.





Enhance

HAIR DESIGN

With hundreds of years of combined global experience and training, our team of Stylists, Masters and Artists are focused on trend interpretation and adaptability. Our cuts and colors are designed with your personal style in mind while integrating the latest techniques from internationally renowned stylists and educators. We feature KÉRASTASE® and Oribe in salon and home care products.

SHAPING & STYLING

WOMEN'S HAIRCUT 60-90 • MEN'S HAIRCUT 55-60
CHILDREN'S HAIRCUT (11 and under) 35
SHAMPOO & STYLE 50-60

COLOR & HIGHLIGHTS

L'OREAL MAJIREL COLOR 70 and INOA COLOR 90
HIGHLIGHTS or LOWLIGHTS-PARTIAL 85-135
HIGHLIGHTS or LOWLIGHTS-FULL 135-155
CORRECTIVE COLOR upon consultation

UP-DOS & STYLING *starting at 95*

PERMANENTS *starting at 95*

EXTENSIONS *upon consultation*

LUXURY HAIR CARE TREATMENT

KÉRASTASE® FUSIO-DOSE TREATMENTS custom prescribed to reveal the inner beauty of your hair. *Starting at 30.*

KERATIN EXPRESS TREATMENTS *starting at 160*

BRAZILIAN BLOWOUT and KERATIN TREATMENTS *starting at 300*

BRAZILLIAN BLOWOUT REWIND Prevents and corrects the signs of aging hair for up to ten washes. *50*

OUR NOURISHING FACIALS ADD
HEALTH, BEAUTY AND VITALITY TO YOUR
BODY'S MOST DELICATE SURFACE.
CHOOSE FROM ONE OF OUR SPECIALTY
FACIALS OR HAVE YOUR ESTHETICIAN
CREATE A FACIAL JUST FOR YOU.



Experience

SKIN CARE TREATMENTS

Glow

HYDRAFACIAL™ 50 minutes 200

This treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating and immediately effective. Neck and Décolleté service additional.

Boosters: Regen GFT™, Hydropeptide® Power Serum, Nassif MD®, ZO Rosotol®, Britenal® Booster or DermaBuilder™ from 50-95; LED Light Therapy 25

HYDRAFACIAL™ NECK & DÉCOLLETÉ TREATMENT WITH EPICUTIS 30 minutes 179

Promotes the look of skin firmness and repair with maximum hydration to the skin.

ANTI-AGING FACIAL 50 minutes 135

This revolutionary treatment is tailored to your individual skin care needs and is performed in four stages to lift, brighten, tone and firm the skin. Significant results from just one treatment.

REPÊCHAGE® RED OUT FACIAL 50 min 150

Specifically designed to calm sensitive skin and irritations such as rosacea. This treatment utilizes a rich blend of vitamins, minerals, amino acids and anti-oxidants to create the ideal environment for healthy skin.

O2 LIFT AND OXYGEN FACIAL 50 minutes 160

This luxurious treatment infuses oxygen, plant derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated.

REPÊCHAGE® FACIAL 80 minutes 185

This four-layer facial treatment is recommended for all skin types to rehydrate and rebalance the skin for dramatic results.

FRESH START FACIAL 50 minutes 110

Customized facial designed to leave your skin vibrant and refreshed. Includes a hand and scalp massage. Recommended for teens and expectant mothers.

WAXING

Full Leg 95 • Half Leg 55 • Bikini 50 • Brazilian 90 • Full Arm 55 • Half Arm 40 • Under Arm 35
Upper Lip 20 • Chin 20 • Facial - Sides 40 • Eyebrows 30 • Back starting at 50 • Chest starting at 50

ENHANCEMENTS

HYDRAFACIAL™ PERK™

EYE TREATMENT 50

PERK™ LIP TREATMENT 50

BACK TREATMENT 85

EYELASH TINTING 35

EYEBROW TINTING 30

ADVANCED ESTHETICS

Renew

DERMAPLANING *60 minutes 145*

Gentle exfoliation of the upper layer of the skin with the added benefit of removing fine hair, which can trap excess oil. This treatment, along with a mini facial, leaves the skin with a smooth, glowing appearance that will last weeks.

GLYCOLIC PEEL WITH RETINOL *50 minutes 160*

An ultra resurfacing fruit-acid and retinol treatment to help boost skin's softness and smoothness by exfoliating away dead skin cells and minimizing large pores and wrinkles. This treatment includes an enzyme mask and a series is recommended for best results. No downtime.

JESSNER PEEL *40 minutes 185*

This innovative peel formula is proven to effectively exfoliate while helping to reduce breakouts, control oil and soften fine lines. The treatment provides a more even skin tone and smooth texture. Expect 3-5 days of downtime.

MICRONEEDLING PEN *50 minutes 285*

A non-surgical, non-invasive treatment to combat fine lines, wrinkles, acne scarring and hyperpigmentation. Improves skin tone, elasticity and promotes collagen formation. The Microneedling tool is FDA approved to increase absorption of active ingredients by 400%. A series is recommended for best results. Results are visible after one treatment.

CELLCOSMET SWISS REVITALIZING ANTI-AGING CELLULAR FACIAL *90 minutes 235*

Unlock the power of bio-active integral cells and watch your skin feel instantly younger, plumper and supple. Fine lines and wrinkles are softened, skin becomes visibly lifted and instantly radiant with no downtime. Full results are seen 72 hours after the treatment and last up to three weeks.

CELLMEN EXECUTIVE ANTI-AGING CELLULAR MEN'S FACIAL *90 minutes 235*

A high-performance, bio-active integral cell treatment that is specifically formulated to treat the specific needs of male skin. Combats skin irritation caused by shaving, boosts cellular activity and instantly nourishes and revitalizes skin.

ENHANCEMENTS

VITAMIN C PEEL *60*

DERMAPLANING *60*

WET ABRASION *60*

CELLCOSMET EYE TREATMENT *95*

TRADITIONAL MASSAGE *50 minutes 100 • 80 minutes 140* DEEP TISSUE MASSAGE *50 minutes 115 • 80 minutes 170*

A combination of classic Swedish and therapeutic massage, tailored to your personal needs to soothe, relax and de-stress.

SUNDĀRI WELL-BEING MASSAGE *80 minutes 170*

This rhythmic and deeply relaxing massage rejuvenates by clearing stagnant energy using warm oils and varying amounts of pressure with a focus on restoring the flow of "prana," the life force that stimulates your body's vital energy. As your nerves are soothed, you drift into a deep state of bliss.

SOOTHING HOT STONE THERAPY *80 minutes 170*

Ancient tradition unites recent innovation for this unique wellness therapy. Our stone therapy combines the application of deep, penetrating heat with soothing massage strokes. This technique helps bring about a balance between physical and emotional well-being.

BAMBOO FUSION MASSAGE *80 minutes 170*

Bamboo is the symbol of youth, prosperity, and strength. This service integrates heated bamboo shoots of various sizes that glide deeply across the body to relax soreness and promote well-being. This is the perfect balance between deep tissue massage and a stress reducing treatment.

PRENATAL MASSAGE *50 minutes 115 • 80 minutes 170*

This gentle massage uses luxurious raw, organic, skin nurturing cream to help ease strained muscles and fatigue for the expectant mother. After the first trimester, regular massage has been proven to relax mother and baby throughout the pregnancy.

ENHANCEMENTS

HAND OR FOOT REFLEXOLOGY *25 minutes 55 • 50 minutes 100*

This massage concentrates on the hands and the feet. Reflexology helps to break up crystallization that develops on the nerves in these areas and releases blocked energy.

SUNDĀRI INDIAN HEAD MASSAGE *25 minutes 55*

This head massage is a unique and traditional stress relieving practice that generates a cooling sensation and brings an immediate sense of calm and relaxation.

TENSION TAMER *25 minutes 55*

A great time-saver! A mini-massage concentrating on those high stress areas of the neck, shoulders and back.

RESTORATIVE BODY TREATMENTS

Purify

REVITALIZING SEDONA MUD WRAP *60 minutes 140*

This powerful detoxifying treatment begins with a dry body brushing for gentle exfoliation. Wrapped in a cocoon of warm Sedona Mud, Vitamin E oil, and therapeutic essential oils, your body will purge the skin of impurities, stimulate blood circulation, and induce a state of deep relaxation while leaving your skin rejuvenated, soft and firm. Our luxurious Vichy Shower will leave your skin revitalized and glowing. The final step is an application of our warm massage oils infused with juniper, cypress, and citrus for added detoxification.

BODY POLISH *60 minutes 140*

This treatment is designed to restore a luxurious, silky glow to your skin. Begin with a full body exfoliation, followed by a relaxing Vichy Shower and finish with an application of moisturizing body butter to nourish and renew your skin's luster.

PINK HIMALAYAN SEA SALT BODY POLISH WITH HYDRATING COCOON *60 minutes 140*

Relaxing, invigorating, and relaxing again. This treatment combines massage and exfoliation with Pink Himalayan sea salts and essential oils. An invigorating Vichy Shower increases circulation then finish with a warm, intensely hydrating cocoon.

SUNDĀRI BODY ENVELOPMENT *80 minutes 170*

The ultimate healing, suppling and firming full body spa experience. Begin with a soothing warm oil massage followed by exfoliation, application of the detoxifying mask, relaxing cocoon, Vichy Shower and finishing with a suppling body lotion.



HAND & FOOT LUXURIES

Indulge



DAZZLE DRY MANICURE 55 • PEDICURE 65

Formulated through science, inspired by nature. This method is quick drying, long lasting and non-toxic. Delivers hard-set, high gloss nails in just five minutes without the use of UV light. Chip free wear that can last 7-14 days.

CND SHELLAC MANICURE 55 • French 65

Zero drying time, no-chips, lasts up to 14 days. Includes easy, gentle, professional removal.

ULTIMATE SPA MANICURE 70

Excite, energize and refresh with our symphony of essential oils, Vitamin E and antioxidants. Features a milk bath soak, moisture scrub, anti-aging serum and hydrating massage lotion.

HYDRATING NATURAL MANICURE 35 • French 40

Pamper your hands with this moisturizing classic manicure. Nail strengthener by request.

HYDRATING NATURAL PEDICURE 55

Invigorate and energize your feet with grape seed and coconut essential oils.

ORGANIC PEDICURE 70

Indulge in wildcrafted Vegan ingredients from around the world with plant essences.

ULTIMATE MARINE SPA PEDICURE 80

Experience pure ocean inspired bliss using peppermint soak, sea scrub and a cooling foot mask. Enjoy a foot massage with hydrating, anti-inflammatory cucumber heel therapy lotion.

ENHANCEMENTS

WARM PARAFFIN DIP 30

POLISH CHANGE 30

HAND OR FOOT REFLEXOLOGY
25 MINUTES 55 • 50 MINUTES 100

APPOINTMENTS & RESERVATIONS

Beautiful

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 48 hours in advance. Failure to give advance notice will result in the full charge of the service to the credit card.

ARRIVAL

We suggest that you arrive 15 minutes before your appointment time to complete any paperwork and prepare for your service.

LATE SHOW

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

GIFT CARDS

Fashion House and Day Spa & Salon gift cards are available. The Met is not responsible for lost or stolen gift cards. The gift card must be present at the time of redemption. The monetary value at the time of purchase remains the same and does not expire. However, the cost of services may change and later redemption of service or package related gift cards may result in a difference due at redemption.

PRIVATE EVENTS

The Met Day Spa & Salon may be reserved for private parties.
Our team may also be booked offsite for an additional 40% and 20% gratuity paid in advance.



@TheMetSarasota



35 South Blvd. of the Presidents • Sarasota, Florida 34236 • (941) 388-3991 • (941) 388-15pa (1772) • TheMetSarasota.com

December 2021